

# Girls Rock Charlotte

Teen Rock Summer Camp Information

**Week 1: June 14-18, 2021**

**Week 2: June 21-25, 2021**

Welcome to the Girls Rock Charlotte Teen Rock Summer Camp!

This is our eighth year of Girls Rock Charlotte. We are eager to rock IN-PERSON at our headquarters in NoDa. Thank you for your support of our growing non-profit organization. YOU ROCK!! For more information about Girls Rock Charlotte, please visit our website [www.girlsrockclt.org](http://www.girlsrockclt.org)



Below you will find a camp information packet for you to review and to reference.

**Be on the lookout for A SEPARATE EMAIL from Kelly Finley via DocuSign that will contain the forms we need completed prior to camp.**

For our forms, you have several options:

- E-Sign = If your computer has the capability, you can e-sign the forms via DocuSign •
- Scan = You can print, sign, scan and email us your signed documents.
- Mail = You can print, sign and mail us your signed documents.

E-sign documents will be automatically returned to us. If you scan documents, please email to [info@girlsrockclt.org](mailto:info@girlsrockclt.org). Hard copy, signed forms can be mailed to: Girls Rock Charlotte, PO Box 39066, Charlotte, NC 28278.

## **Please submit/return all forms by June 6, 2021**

Sending for electronic signature or to print

Included here:

- Camp information sheet for parents/guardians
  - Parking, drop-off and pick-up instructions
  - Camper concert information
  - A checklist of what to bring to camp
  - How parents / supporters can help and mail back:
1. Photo/Video Release Form (sign and return)
  2. Liability Release and Emergency Treatment Form (sign and return)
  3. Code of Conduct (sign and return)
  4. Freedom of Expression Statement (sign and return)

**Please note, campers will not be able to participate without signed forms.**

Returning these documents to us ahead of time saves a lot of time and hassle on o camp. Thanks!



## **CAMP SCHEDULE = June 14-18th OR June 21-25th**

**The summer camp is from 9:00 am until 4:00 pm.**

**Drop off begins at 8:45am. Please have campers there by 9am** so they can fully participate and practice with their bands.

**Pick up begins no earlier than 4:00pm and ALL TEENS MUST BE PICKED UP BY 4:15PM.** Please let us know if they change at [info@girlsrockclt.org](mailto:info@girlsrockclt.org).

In case of emergency, you can text the Camp Director Lacey Dudiak at **(704) 619-6730** (go ahead and put that in your phone!)

## **CAMP LOCATION**

Our summer camp program is at our headquarters:

Rock on 22nd  
423 E. 22nd St.  
Charlotte, NC 28206

## **CAMP DROP-OFF AND PICK-UP INFORMATION**

**IMPORTANT = ALL DROP OFF AND PICK UP TRAFFIC MUST APPROACH FROM THE NORTH DAVIDSON STREET SIDE OF 22ND STREET.**

**THERE IS A LOT OF CONSTRUCTION ON THE STREET. THIS METHOD ENSURES EVERYONE'S SAFETY. PLEASE HELP US TO MAKE THIS SMOOTH AND SAFE FOR EVERYONE.**

**DROP-OFF** = Please pull up to the gravel/fencing next to Rock on 22nd. For increased Covid safety, please do not get out of your vehicle during drop-off or pick-up. **From 8:45 am until 9:00 am**, there will be Girls Rock Charlotte volunteers ready to greet your camper and direct them. If you need to speak with a camp leader, please text Camp Director Lacey Dudiak at (704) 619-6730 or email [info@girlsrockclt.org](mailto:info@girlsrockclt.org).

**PICK-UP** = Please return to the same area for pick-up. Again, for Covid safety reasons, please stay inside your vehicle during pick-up and drop-off. If you need to speak with a camp leader, please text Camp Director Lacey Dudiak at (704) 619-6730 or email [info@girlsrockclt.org](mailto:info@girlsrockclt.org).

## **GIRLS ROCK CHARLOTTE TEEN SUMMER CAMP CONCERT**

In lieu of an in-person concert this summer, a YouTube video concert experience will premiere on **Saturday, June 26th at 7pm**. We will gather footage of the bands during both weeks of camp and create one rocking concert video for you to check out!

Please set aside the evening with your family and friends to watch the BIG SHOW!!

## COVID SAFETY MEASURES

- Campers will be expected to socially distance as much as possible during camp •
  - Camp will be outdoors, in event tents to increase ventilation
  - Mask breaks will be given outdoors, while socially distanced
  - Temperatures will be taken during morning drop-off time for campers and camp staff/volunteers
- IF YOUR CAMPER HAS A FEVER OR DEVELOPS SYMPTOMS YOU WILL BE NOTIFIED AND REQUIRED TO PICK-UP YOUR CAMPER IMMEDIATELY.**
- Face masks must be worn at camp for campers and camp staff/volunteers
  - Camp volunteers will enforce social distancing and mask-wearing when necessary • Adults dropping-off and picking-up campers are asked not to get out of their vehicle. If you need to speak with a member of the camp staff, please text Lacey Dudiak at (704) 619-6730 or email [info@girlsrockclt.org](mailto:info@girlsrockclt.org)
  - Camp staff/volunteers will be frequently monitoring and disinfecting high-touch surfaces •
- When campers go inside Rock on 22nd to use the restroom or cool down, the amount of campers and staff inside the building will be limited and monitored
- Hand sanitizer use and handwashing will be encouraged
  - Hand sanitizer will be available at various places at camp, but it would be helpful if your camper brings some, as well
- **Please, please, please let us know if your camper displays any Covid-19 symptoms and refrain from coming to camp while ill.** We want all to have a safe camp experience.

## WHAT TO BRING TO SUMMER CAMP

1. **LUNCH, WATER BOTTLE AND SNACKS** = Please pack a lunch, provide a water bottle and an optional snack each day. **Lunches will be placed in coolers**, so please pack lunches that are ready-to-eat, right out of their lunchboxes. **Please do not pack foods with peanut butter or other nuts.** There are two snack breaks and a longer lunch break each day. Think "healthy" and know that this camp is action packed. We encourage them to take care of their bodies in a lot of other ways, including drinking plenty of water and eating nourishing food.
2. **A PROPERLY FITTING MASK AND HAND SANITIZER** = With safety in mind, campers are required to wear a properly fitting face mask during camp. Mask breaks will be built into the day's schedule and mask breaks will occur outdoors, while campers are socially distanced. If vocalists need to remove their masks while performing, the rest of the band will be outdoors and distanced as much as feasible. Hand sanitizer will be available for your camper, but it might be helpful for them to have their own easily available.
3. **SUPER DUPER SELF AND OPEN MIND** = Campers will be empowered to choose an instrument and form their own bands. We really have their best interests at heart, with an umbrella goal of giving your youth a new, challenging, and fun experience working with others. Even if on the first day the campers aren't sure how they feel about their bandmates, it's an amazing experience to work with others on a creative goal, even if there are some bumps in the road. Campers with tons of experience and talent and those that "can't carry a tune in a bucket" are all fine by us, as we are not teaching them a cover song they have to master. Their songs will truly be their own, and you won't believe your ears. They CAN do it, and parents/family, you can support them through this challenge!
4. **DIY CLOTHES, CRAFT MATERIALS, ETC.** We provide one t-shirt for this workshop for your campers, but they can also bring one item of clothing to alter at our DIY clothes workshop.

Monday

afternoon the campers will be learning how to spray paint. Campers must wear clothing they can get paint on.

5. **BAND EQUIPMENT** (optional) – We supply all campers with the instruments they will need (guitars, basses, keys, vocals and drums). Instruments will be available to purchase at an affordable rate during camp for your camper if you so choose. If your camper already has their own instrument that they wish to bring to camp, please email our Camp Director Lacey Dudiak at [info@girlsrockclt.org](mailto:info@girlsrockclt.org).

## TECHNOLOGY POLICY

**CAMPERS WILL NOT HAVE ACCESS TO THEIR PHONES, TABLETS OR OTHER TECHNOLOGY DURING THE CAMP. THERE IS A "TECHNOLOGY BOX" AT THE CHECK-IN TABLE AT THE CAMP. THEY CAN TURN IN THEIR TECH HERE AND PICK IT UP WHEN THEY LEAVE.**

Many of us are educators year-round, and know that often it's the parents that want their child to have the cell phones as much as the youth themselves, but we're really hoping to create an environment of inclusivity. We find that texting, constant use of technology and other private musical devices deters campers from really engaging with each other at camp. It also leaves out youth who cannot afford or are not allowed to have such technology. Further, the practice of using technology may expose a camper to age-inappropriate content.

If you need to send your camper with a phone, they can "check it" with the Camp Director each morning and ask to use it during the snack break or lunch if necessary and/or in the event of an emergency. At the end of the day, it will be the camper's responsibility to take their phone/tech home with them.

## CAMP VOLUNTEERS

All of our camp counselors and band managers are women, gender diverse or trans\*. Most have a professional and/or personal connection with the camp leaders. Some are UNCC alumnae, while others are well-known musicians in the community. All volunteers complete a mandatory orientation and security background check in advance of the camp. Currently, 97% of our volunteers are vaccinated for COVID 19.

Every camper is assigned to a 5-member band with one Band Manager who remains with them the entire day and week. It is our policy that at all times that no camp staff/volunteer and camper are alone. At least two camp staff/volunteers must be in attendance with each camper. If you would like to see a copy of our volunteer guidelines or have any questions, please feel free to email us!

## HOW YOU CAN HELP

1. **Donate snacks and drinks for camp and the showcase.** If you can donate water bottles/jugs, healthy beverages or non-perishable **packaged** snacks, we would greatly appreciate it. If you indicated you were able to help with this, we will be in touch.
2. **Help us promote the program.** As we apply for grants, we really rely on your insight and testimonials. We'll be administering a post-camp survey to the families where you can share your comments and suggestions. And finally, remember that you can also volunteer your professional talents year-round.

3. **Donate band equipment or camp supplies.** If you would like to donate band equipment or instruments (new or used) or other camp supplies...it would sure help! We can also use Tshirts for DIY clothing, cool fabrics, paper, craft supplies and much more. Email us at [info@girlsrockclt.org](mailto:info@girlsrockclt.org)

## 2021 Girls Rock Charlotte Camp Schedule *(Subject to change)*

### Monday

8:45-9:00 = Drop-off; temp screening

9:15-10:30 Morning Amp Up with  
Introductions/Guidelines/Icebreakers

10:30-11:00 = Snack and Mask Break

11:00-11:30 = Get to Know Your Instrument

11:30-12:00 = Band Formation

12:00-1:00 = Lunch Break

1:00-2:00 = Storyboarding Workshop

2:00-2:15 = Snack and Mask Break

2:15-3:15 = Art- Spraypainting Workshop

3:15-4:00= Gear Pack-up and Wrap-up

4:00= Pick-up

### Wednesday

8:45-9:00 = Drop-off; temp screening

9:00-9:30 Morning Amp Up

9:30-10:30 = Band Practice or Stop Motion  
Workshop

10:30-11:00 = Snack and Mask Break

11:00-12:00 = Band Practice or Stop Motion  
Workshop

### Tuesday

8:45-9:00 = Drop-off; temp screening

9:00-9:15 Morning Amp Up

9:30-10:30 = Lyric Writing Workshop or  
Burn Book Workshop

10:30-11:00 = Snack and Mask Break

11:00-12:00 = Lyric Writing Workshop or  
Burn Book Workshop

12:00-1:00 = Lunch Break

1:00-2:15 = Band Practice and T-shirt Creation

2:15-2:45 = Snack and Mask Break

2:45-3:30 = Band Practice and T-shirt  
Creation

3:30-4:00= Gear Pack-up and Wrap-up

4:00= Pick-up

### Thursday

8:45-9:00 = Drop-off; temp screening

9:00-9:30 Morning Amp Up

9:30-10:30 = Band Practice or Band Video  
Shoot

10:30-11:00 = Snack and Mask Break

11:00-12:00 = Band Practice or Band Video  
Shoot

12:00-1:00 = Lunch Break

1:00-2:00 = Band Practice and Zines

2:00-2:30 = Snack and Mask Break

2:30-3:30 = Band Practice and Zines

3:30-4:00= Gear Pack-up and Wrap-up

4:00= Pick-up

12:00-12:30 = Lunch Break

12:30-2:00 = Band Recording or Messy Allyship Workshop

2:15-2:30 = Snack and Mask Break

2:30-3:45 = Band Recording or Messy

Allyship Workshop

3:45-4:00= Gear Pack-up and Wrap-up

4:00= Pick-up

### **Friday**

8:45-9:00 = Drop-off; temp screening

9:00-9:30 Morning Amp Up

9:30-11:00 = Stage Presence Workshop/  
Group Performance

11:00-12:00 = Bonding and Snacks

12:00-1:00 = Lunch Break and Dance Party

1:00-2:00 = Band Meetings

2:00-2:30 = Snack and Mask Break

2:30-3:30 = TBD

3:30-4:00= Gear Pack-up and Wrap-up

4:00= Pick-up

### **Saturday, June 26th, 7pm**

YouTube Premiere of Teen Rock Camp concert